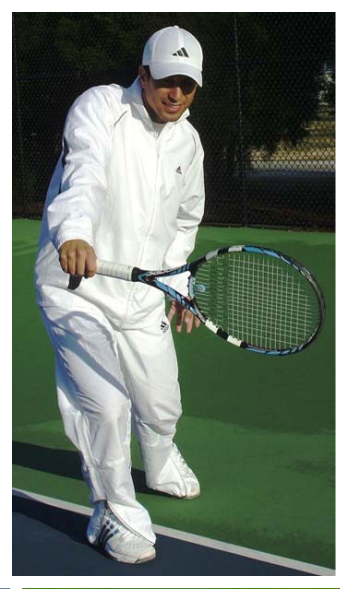


Introducing an
Accomplished Tennis Professional

Reinaldo Valor, Jr.



Instruction

Coaching

Tennis Ethics, Courtesy, and Rules

Team and Individual Development

Strategic Application of Skills and Strategy

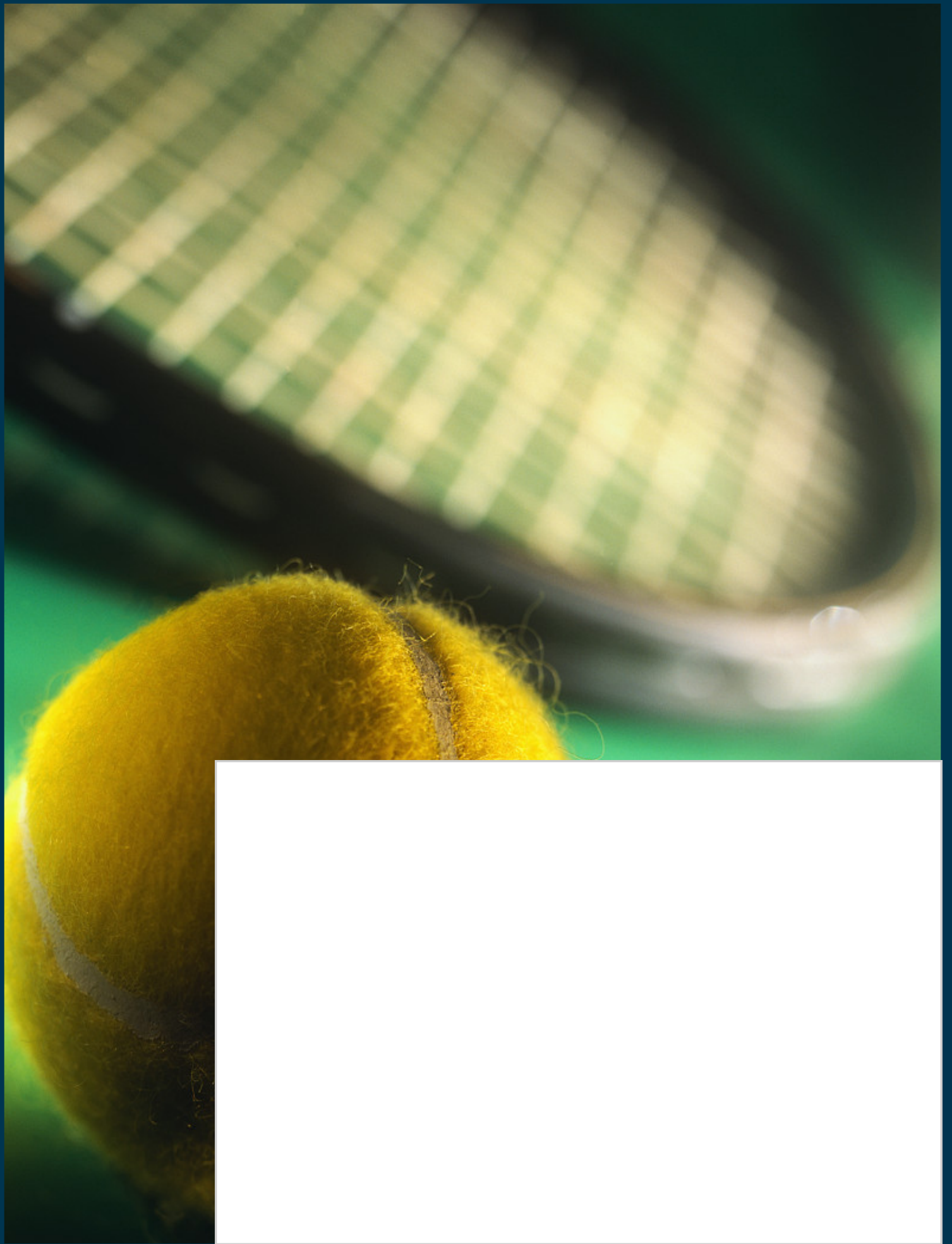
Mental Strength and Self-belief

Reinaldo Valor, Jr.

Raised in Clearwater, Florida, I was exposed to tennis early on. My Dad, Reinaldo Valor Sr., wore tennis sneakers, it seems, I am destined to fill; hopefully, to overfill. In our home tennis was everything; trophies, conversation, the thrills of victory and the agonies of defeat. It was an excitement shared by our entire family. In 1979 my Dad owned the No. 3 ranking of the USTA-Eastern Tennis Association and today, in his 60's continues to populate top ITF senior player rankings.

How I benefited from being exposed not only to my Father's remarkable successes, but to those of other top tennis professionals such as Colon Nunez and Paul Kronk is the fuel that perpetually drives my tennis ambitions. As a junior, I achieved Top Ten Florida and national ranking through all age divisions. Awarded a scholarship to North Carolina State, I played two seasons before transferring to Eckerd College. A proud academic and tennis career, I earned All American Honors, ACC rookie of the year nomination, ACC Academic team, and sunshine conference first team selection.

As director of the IFPA (International Fitness Professionals Association), I implemented and oversaw a junior development program. During my tenure I completed an array of High Performance training courses. Unknown to me then, I was soon to found RMI Tennis. It evolved as a full time travel intensive coaching service. More than 15 years as a player and coach, I have achieved at every level including: Juniors, High School, Collegiate, and Professional. Along the way, I have challenged such players as Andy Roddick, Lleyton Hewitt, Guillermo Coria, Eric Nunez, and others. An IFPA certified Sports Conditioning Specialist, Personal Trainer, and High Performance Sports Conditioning Specialist, I remain passionate about working with serious competitors at all levels helping them realize and *surpass* what they perceive as the limits of their abilities.





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